

Dr. Fuhrman®

PRODUCT FACTS

FLORA BIOTECT

Probiotic supplements help restore the natural balance of good bacteria.

NATURAL SUPPORT FOR DIGESTIVE HEALTH HELPS OPTIMIZE IMMUNE SYSTEM FUNCTION

The body, especially the lower intestinal tract, contains a complex and diverse community of beneficial bacteria. These “friendly” bacteria help keep our digestive systems functioning properly.* They protect us from toxins, strengthen our natural defenses and improve nutrient absorption.* Certain health states, aging, stress, travel and other environmental influences can deplete these good bacteria and cause non-beneficial bacteria to flourish in the intestinal tract.

Probiotic supplements help restore the natural balance of good bacteria.* They support immune and digestive health, provide relief of occasional intestinal distress and minor gastrointestinal pain and help support bowel regularity.*^{1,2,3}

The types of bacteria used in a probiotic are critically important. There is a wide range of species and different strains of the same species and not all have been proven to be effective. It is important to make sure the strains in the probiotic you choose are thoroughly evaluated and tested provides a carefully researched selection of probiotics designed to work together to provide maximum benefits.*

- **Bifidobacteria lactis (BI-04)**—Bifidobacteria are broadly recognized for their key role in the human intestinal flora throughout life. B. lactis is well suited for intestinal survival and has been shown to support gastrointestinal health and well-being and beneficially modulate immune functions.*⁴

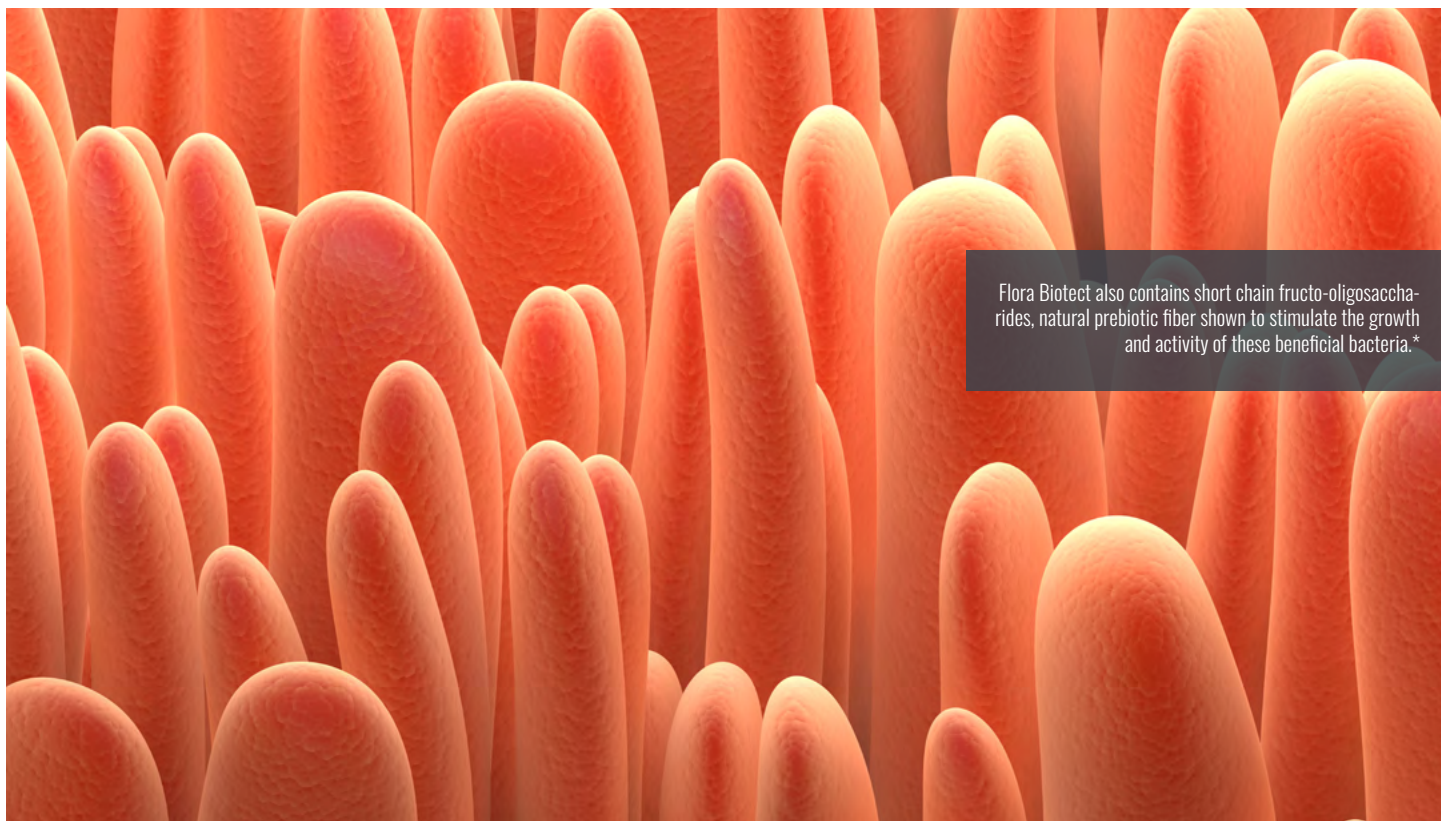


- **Bifidobacteria longum (BB536)**—This proprietary, well-researched probiotic strain provides a natural defense against episodic digestive upsets, including constipation, diarrhea, abdominal discomfort, gas and bloating. It decreases ammonia and putrefactive products in the digestive tract and helps down-regulate the immune system's response to seasonal challenge.*^{5,6,7,8,9}
- **Lactobacilli acidophilus (La-14)**—An extensive collection of studies support the health-enhancing probiotic properties of L. acidophilus La-14. It exhibits a strong adhesion to intestinal cell walls where it shows the ability to inhibit common pathogens and provides a beneficial modulation of immune function.*¹⁰
- **Lactobacilli rhamnosus (Lr-32)**—L. rhamnosus promotes and maintains digestive tract health. It is recommended for the maintenance of regularity and normal GI function.*^{11,12,13}

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Product Features

- Multi-strain probiotic blend providing 20 billion active cultures per capsule
- Includes short chain fructo-oligosaccharides, natural prebiotic fiber that stimulates the growth and activity of beneficial bacteria*
- Packaged in targeted release acid resistant capsules which resist stomach acid and ensure that a maximum number of viable cells are delivered into the intestinal tract where they can fully exert their beneficial effects
- No need for refrigeration, each capsule sealed individually in nitrogen-purged blister packs to ensure optimum freshness and potency
- Vegan



Flora Biotect also contains short chain fructo-oligosaccharides, natural prebiotic fiber shown to stimulate the growth and activity of these beneficial bacteria.*

• *Saccharomyces boulardii*—In multiple experimental studies, this beneficial probiotic yeast has been proven to be particularly effective in supporting normal bowel function and maintaining regular transit.*^{14,15,16}

Flora Biotect also contains short chain fructo-oligosaccharides, natural prebiotic fiber shown to stimulate the growth and activity of these beneficial bacteria.*^{17,18}

To ensure survivability of the probiotic ingredients, Flora Biotect comes in acid-resistant capsules designed

to resist disintegration in the acidic environment of the stomach and dissolve in more alkaline environments such as the small and large intestine. This technology helps to protect the organisms from stomach acid, delivering the maximal viable organisms to the GI tract.

The capsules are individually packaged in nitrogen-purged blister packs to ensure optimum freshness and potency. There is no need for refrigeration. Store at room temperature (50-86° F) away from direct sunlight, heat and humidity.

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Supplement Facts

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Serving Size: 1 Capsule

Servings Per Container: 60

	Amount	%Daily
	Per Serving Value	Value
Lactobacilli/ Bifidobacteria Blend	15 Billion CFU ‡	
<i>L. acidophilus</i> (La-14)		
<i>B. lactis</i> (BI-04)		
<i>B. longum</i> (BB536)		
<i>L. rhamnosus</i> (Lr-32)		
<i>Saccharomyces boulardii</i>	5 Billion CFU ‡	
NutraFlora™ short chain fructo-oligosaccharides	200 mg ‡	
‡ Daily Value (DV) not established		

Other Ingredients: hypromellose, microcrystalline cellulose, vegetable stearate, silica.

Suggested Use:

Adults: 1-2 capsules daily**

Children 4-10 years: 1 capsule daily**

Children 1-3 years: 1/2 capsule daily** (twisted open and taken with food/drink)

Children younger than 1 year: consult your healthcare professional

**or as directed by your healthcare professional

*These supplements have not been evaluated by the Food and Drug Administration.

Products listed are not intended to diagnose, treat, cure or prevent disease.

Flora Biotect is vegan and does not contain dairy, soy, corn wheat or GMOs.

Should not be used for patients with intravenous catheters or compromised immune systems.

For more detailed information about this supplement, visit
<http://www.drfruhman.com/shop/Probiotect.aspx>