

**Joel Fuhrman, M.D., author of *The New York Times* best seller, **THE END OF DIABETES****

1. Why are we seeing an explosion in diabetes in our population today and why is that so devastating? Is this book only for those who are diabetic?
2. You say that the conventional treatments for diabetes don't work, and actually worsen the disease. How can this be? If prescription drugs are not the answer, what is?
3. Please share a few examples of patients with longstanding diabetes diagnoses who are medication and disease-free today. What percent of your clients are able to achieve a complete cure? How long did this process take?
4. Can making the switch to a Nutritarian eating plan help even Type 1 diabetics?
5. You put it plainly: one can change their diet or face the dangerous consequences of diabetes, which include kidney failure, blindness, heart attacks, nerve damage and other major health impacts. Is it really that simple?
6. What are the key elements of your "end of diabetes" plan, and what should one do to get started?
7. Why do people fail at weight loss? How do you remove those obstacles and enable people to make sustained changes?
8. Tell us more about your Eat To Live Retreat in San Diego and how it works to help those in trouble.

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To arrange an interview with Joel Fuhrman, M.D., please contact [pr@drfuhrman.com](mailto:pr@drfuhrman.com)