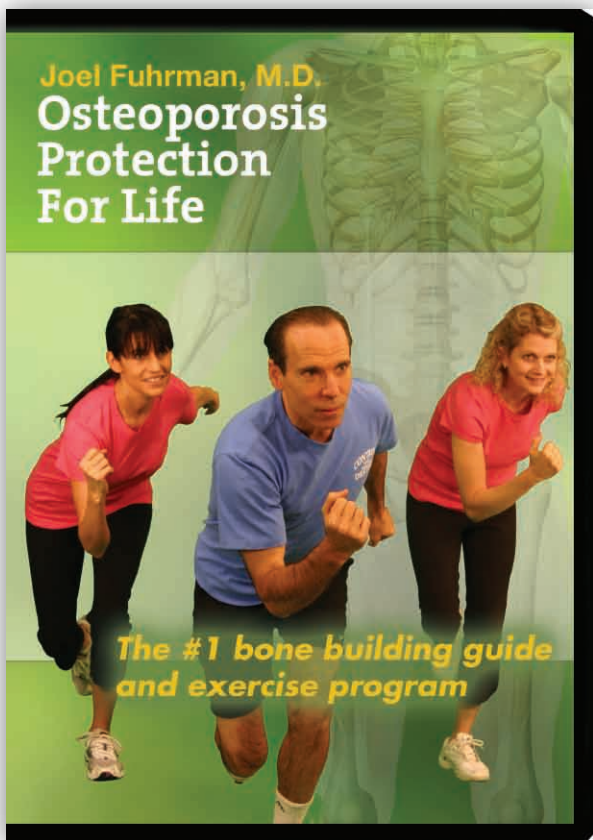


Joel Fuhrman, M.D.

# Osteoporosis Protection For Life



## Osteoporosis Protection For Life DVD

*The #1 Bone Building Guide and Exercise Program*

Discover the best ways to protect your bones without drugs!

- ▶ **Get the Best Bone Building Exercises**
- ▶ **Build Strong Muscles**
- ▶ **Avoid High Risk Medications**
- ▶ **Learn Common Dietary Causes of Bone Loss**

Get the FACTS! 16-page information guide included.

## Related products

### Dr. Fuhrman's Osteo-Sun



#### Vitamin D and Calcium Blend

- Promotes strong bones, hair, and nails
- Essential for bone growth and bone density
- Formulated to protect against osteoporosis
- Helps maintain a healthy immune system



(vegan)

### Weight Vests for Osteoporosis



#### Designed for optimal fit and comfort

- Increase your bone density naturally
- Avoid the hazards associated with bone density medication
- Perform weight-bearing exercise without going to the gym