

# Dr. Fuhrman's Health Getaway at Skytop Lodge

## ROOM DESCRIPTIONS



Skytop Lodge offers a unique selection of lodging choices. Visitors can choose from the grand, historic Lodge with standard rooms and mini suite options or the serene privacy of deluxe cottages. The historic, Dutch Colonial stone Lodge is the centerpiece of our resort. The building sits on a plateau and overlooks a magnificent 5,500-acre mountain estate.



### The Lodge Mini Suite:

Lodge Mini Suites have either a queen sized bed or a king sized bed with a sofa bed that sleeps 2. Each configuration can accommodate a roll away bed or crib. Mini



Suites amenities include a private bath, TV/VCR, hair dryer, iron and board, alarm clock, radio and walking sticks. Lodge Mini Suites feature English country style designs and offer spectacular views of the Pocono Mountains, the lake and the golf course.

#### Rates:

Single - \$2395.00\*  
Double - \$1995.00\*  
Triple - \$1805.00\*

### The Lodge Standard Room:



Lodge Standard rooms are available with 2 twin sized beds, 1 queen sized bed, or 1 king sized bed. Each configuration can accommodate a roll away bed or crib. Lodge amenities include a private bath, TV, hair dryer, iron and board, alarm clock and walking sticks. Lodge Standard Rooms feature English country style designs and offer spectacular views of the Pocono Mountains, the lake and the golf course.

#### Rates:

Single - \$2095.00\*  
Double - \$1695.00\*  
Triple - \$1505.00\*

### Standard Cottages:

Cottage Accommodations are available with either 2 twin sized beds, 1 queen sized bed, or 1 king sized bed. The Queen sized bed configuration includes a sofa bed that sleeps 1. All Cottage configurations are large enough to accommodate a roll away bed or crib. Cottage amenities include private bath, TV, hair dryer, iron and board, alarm clock, radio, walking sticks, and access to a washer/dryer facility. Each Cottage has a private porch and refrigerator, and are decorated in a traditional/modern style. The Cottages are adjacent to the South lawn and playground area, making this an ideal spot for families.



#### Rates:

Single - \$2095.00\*  
Double - \$1695.00\*  
Triple - \$1505.00\*

Ask us about adjoining Cottage rooms.

*Reservations made after 2/1/2008 must be paid in full at time of booking.  
Due to the limited availability of rooms, we are not offering a refund or cancellation policy.  
Rates are per person for 5 nights and include all meals, activities, plus room tax and gratuity.  
Check-in 4pm, check-out 1pm.  
Baby sitting services are available through Skytop Lodge and must be arranged on an individual basis through Guest Services.  
Pet policy - no pets permitted.*

*Description of Activities on reverse*

# Dr. Fuhrman's Health Getaway

## July 13-18, 2008

### Skytop Lodge



#### The all-inclusive rate includes the following recreational activities:

- Archery
- Indoor & Outdoor Pools
- Swimming Beach
- Playground
- Workout Room
- Mini Golf
- Putting Green
- Lawn Bowling
- Tennis
- Volleyball
- Movies
- Ping Pong
- Fitness Classes - described in *Skylites*, the Skytop Weekly Activity Schedule
- Nature Walks/Hikes - described in *Skylites*, the Skytop Weekly Activity Schedule
- Two complimentary computers (with internet access) in the Conference Center.

#### For an additional charge, guests can enjoy the following recreational activities:

- Biking - bike rental is \$12.00 per hour
- Boating - boat rental is \$10.00 per hour
- Golf - \$75.00 for 18 holes
- Fishing & Sporting Clays - please contact the Fishing & Shooting Center directly at Skytop
- Skyview Spa - please contact the Spa directly to inquire about services and appointments
- Internet Services - \$9.95 charge per day for in-room wireless connection.

#### **Camp in the Clouds** (ages 4-10)

9am-4:30pm: \$32.00 per day

9am-1pm or 1pm-4:30pm: \$16.00 per half day

*Pre-registration is not required.*

#### **Additional Room Charges for Children**

under 3 years: Free

ages 4-16 years: \$175.00 per stay

over 17 years: \$375.00 per stay



For more information and to make reservations  
contact Dr. Fuhrman's Event Coordinator at  
**908-237-2195 ext. 230** or [events@drfuhrman.com](mailto:events@drfuhrman.com)