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DOCTOR TO WORLD COMMUNITY: EAT RIGHT AND THRIVE!

Joel Fuhrman, M.D., To Offer Message of Hope and Healing at London Scientific Conference

London, U.K. - Joel Fuhrman, M.D., a world leader in nutritional science, will share his discoveries leading to permanent weight loss and the reversal of chronic health conditions such as heart disease, diabetes and high blood pressure now threatening the world community before world leaders, scientists, journalists and a global Internet audience at next month's World Preservation Foundation (WPF) conference at London's House of Parliament.

The conference will take place Nov. 3, 2010, where the assembled dignitaries and notables from the arenas of science and politics will convene to address the latest discoveries in nutrition and climate change.

Dr. Fuhrman's message of improving lives through healthful eating - by embracing a diet-style rich in micronutrients - is receiving worldwide acclaim as thousands of cases demonstrate the reversal of conditions traditionally considered incurable, from heart disease and diabetes to high blood pressure and autoimmune disorders. His program has also allowed thousands of patients to lose weight quickly, safely and permanently.

"We are delighted Dr. Fuhrman will be addressing the conference because his impressive research, writing and teaching in the field of nutritional science shows how we can turn back the tide of illness by ensuring proper nutrition in our diets," said WPF founder, Sam Rogers.

Dr. Fuhrman has been asked to speak to the conference general assembly, and also provide a breakout session for world leaders who want more in-depth information about his nutritional discoveries in preventing and reversing disease and reducing human suffering and the economic burden of chronic diseases.

"We can win the war against cancer and other health calamities such as heart disease, diabetes, strokes and dementia. Such illnesses are tragically all too common today, but they don't have to be. Nutritional science has advanced to the point where a nutritarian diet can prevent and reverse heart disease and diabetes, and even prevent most cancers." Dr. Fuhrman said. Dr. Fuhrman coined the phrase "nutritarian" to describe his unique diet-style that reduces cravings, food addictions and the desire to overeat.

Along with those in attendance at the conference, Dr. Fuhrman's message will be seen by as many as one million people around the world via a live webcast (<http://www.worldpreservationfoundation.org/live.php>) of the event.

On Nov. 2, the day before the conference, Whole Foods Market in London (<http://wholefoodsmarket.com/stores/kensington/free-healthy-eating-event-2/>) will host a lecture and book-signing event by Dr. Fuhrman at the Royal Institute of Great Britain, which is open to the public.

As he travels throughout the United States and the world, Dr. Fuhrman is inspiring many people to change the way they eat and improve their health. Through his bestselling books, "Eat to Live", "Eat for Health", and "Disease Proof Your Child", DVDs, health immersion retreats, speaking engagements, countless thousands have adopted his strategy and moved from the sick bed to healthy, active and satisfying lives.

Among those whose lives he has touched are Julia Spagnoli and Ronnie Valentine. Julia had suffered a series of heart attacks and could barely walk due to debilitating chest pain (angina). With the help of Dr. Fuhrman's nutritarian diet, she reclaimed her life, losing 105 pounds and regaining the ability to do the things she loves, such as exercise, gardening and cooking.

Ronnie underwent quadruple bypass surgery and then angioplasty – yet still suffered with severe crippling heart disease symptoms. He searched online and found Dr. Fuhrman's program. Since then, he has become free of heart disease; he now runs, plays sports, and has a full, healthy, active life and requires no medications.

Read more of Dr. Fuhrman's success stories at: www.drfuhrman.com/success/success.aspx

About Dr. Fuhrman

Joel Fuhrman M.D. is a board-certified family physician and nutritional researcher who specializes in preventing and reversing disease through nutritional and natural methods.

Dr. Fuhrman is a graduate of the University of Pennsylvania School of Medicine. He has received awards for providing nutritional education to physicians. Doctors of all specialties attend his conferences and are granted continuing education credits approved by the American Academy of Family Physicians.

As one of the country's leading experts on nutrition and natural healing, Dr. Fuhrman has appeared on hundreds of radio and television shows including ABC, CBS, NBC, FOX, CNN, Today, Good Morning America, the Discovery Channel, and TV Food Network. Joel Fuhrman is a former world-class figure skater and member of the United States World Figure Skating Team. At DrFuhrman.com he offers a supportive membership where he answers people's medical, health and nutrition questions from clients all over the world.

He lives in Flemington, New Jersey with his wife, Lisa, daughters Talia, Jenna and Cara and son, Sean

Press information: http://www.drfuhrman.com/company/wpf_conference.aspx